

# St. Paul PULSE

*A Community of Christ, Helping, Reaching out, Inviting, and Serving Together.*

Church Office: (319) 462-4841

stpaulanamosa@gmail.com

www.stpaulutherananamosa.com

November 2009



The following youth  
will be Confirmed on  
Reformation Sunday,  
October 25th during  
the 10:30 service:

**Emily Christianson**, daughter of Jim & Amy  
Christianson, 112 S. Sales Street, Anamosa

**Chase Haker**, son of Craig Haker and Cheryl  
Haker, P.O. Box 454, Morley, IA 52312

**Dallas Norton**, son of Lance & Carmen Holub  
and Chad Norton, 21783 98th Street, Anamosa

## ONE YEAR BIBLES AVAILABLE

Much interest has been generated by the One Year Bible. What started as a comment about my lack of daily devotions has blossomed into a congregation wide event. As a result, 14 Bibles were bought. We have purchased another case of One Year Bibles for you to buy if you choose. The cost for a Bible is \$14. We have both large print and regular print Bibles available. They will be sold after each service. This will make a wonderful gift for your family members. Though you may be separated by distance, knowing you are reading the same thing every day gives you connection. Consider this Bible as you begin your Christmas shopping.

Beginning January 1, 2010 I will begin reading the Bible and preaching on the texts that fall on the Sundays of the readings. If you choose to begin your reading when you get your Bible, I would encourage you to begin with that day's readings. All of the readings will be listed in the newsletter the month prior to the actual dates so you have those readings listed if you choose to use a different Bible.



**Dear Brothers and Sisters in Christ,**

Our synod will be triple blessed this fall as we welcome three dynamic pastors from Tanzania who will share their passion for ministry with us. Pastor Mshana will be hosted by the Western Region and Pastor Mndeme will be hosted by the Central Region. The congregations of Eastern Iowa will be hosting Pastor Grayson Mhale. Pastor Mhale is an accomplished pastor; he received a Bachelor of Divinity Degree from the Theological Makumira University College. He has served in numerous parishes in Tanzania and is currently serving as Chaplain and tutor at Dindimo Teacher's College.

Pastor Mhale will be at St. Paul on Wednesday, November 4 for an evening conversation. Time to be announced soon. You are encouraged to participate in this unique opportunity.

### OFFICE STAFF:

**Pastor:**  
William Nielsen  
**Secretary:**  
Paula Hartman

### OFFICE HOURS:

**Monday-Friday**  
8:30 a.m.-12:00 p.m.  
&  
1:00 p.m.- 4:00 p.m.

# Women's Circles

## Martha Circle

Wednesday, November 11, 9:30 a.m.  
Hostess: Helen Ehls  
Co-Hostess: Doris Henderson  
Bible Study: Lenore Frederick

## Mary Circle

Tuesday, November 10, 7:00 p.m.  
Hostess: Jane Ortgies  
Bible Study: Jan Koppenhaver

## Sarah Circle

Wednesday, November 11, 1:30 p.m.  
Hostess: Arlene Mohring  
Bible Study: Wilma Cox

## Thankoffering Collection

Watch for Date

**World Community Day: Friday Nov. 6**  
11:30 a.m. at St. Patrick Catholic Church



# NOVEMBER WORK GROUP

**Chairperson: Ralph & Sandra Andresen**  
**Co-Chairpersons: Ernest & Sharlene Ulferts**

Arnie & Joan Andreesen  
Janet Baftiri  
Gwen Becker  
Marge Bohlken  
Ben & Angie Cashner  
Dale & Donna Condry  
Jim & Eunice Conley  
Brian & Peg Harmon  
Tim & Shelby Hollett  
Rose Hubler  
Randy & Chris Kray  
Shannon & Wendy Rickels  
Larry Ricklefs  
Lavern & June Ulferts  
Brian & Pam Woods



*A few duties include: Taking care of the nursery; (wipe off crib & little table, pick up and straighten room) over-see kitchen (\*Launder towels on counter, check & clean refrigerators & stoves when needed) keep supplies stocked (paper towels, dish soap in kitchen, Kleenex for bathroom, plastic wrap & baggies).*

***\*It will be very important that Work Groups select someone to check on the kitchen.***



## OCTOBER COUNCIL CLIPS



- We need two delegates for the Hope Conference Annual Meeting on October 25, 3:00 p.m. at St. John's Lutheran Church, Olin. Contact Pastor Bill with suggestions of people interested in attending.
- The Youth & Family and Christian Ed. Committees are working to develop a job description for the position of Youth Director. They hope to have a recommendation to Council in November.
- Pastor Bill will research proper procedure to create/develop a Social Activities Committee.
- Suggestions presented during the last Open Discussion meeting will be separated into mission-type suggestions and budget-type suggestions. The mission-type suggestions will be forwarded to the appropriate committees for further consideration/implementation. The budget suggestions will be taken under consideration by the Council when the 2010 budget is developed.
- Organization of an Evangelism Committee: Send names to Pastor Bill of those people that are felt to be a good fit for this committee. A speaker from the Synod will be here October 19, 6-9 p.m. to provide training/guidance for this committee.
- Pastor Bill provided an overview of the Confirmation Program.
- Discussion on reduction of percentage given to national benevolence: The members who had made this request withdrew their request.
- The names of people for whom we receive memorials will be listed in the newsletter each month (not in the bulletin); no individual donors, no individual amounts. The "in honor of" donations will be listed in the newsletter as well (not in the bulletin).



October is breast cancer awareness month. I have two sisters who are breast cancer survivors. They went through too much to get to where they are today... anyone who has gone through cancer treatment has gone through too much! It seems that the better our medical technology is the more we determine cancer to be the cause of much of our problems. I am thankful for the many people who have chosen to give their lives for a cure from cancer, and for those who give so much time and energy to help those who face life changing choices regarding treatment, work, friendship, and family. We could all do a better job of walking with others as they face obstacles in health.

In December of 2008 I made a personal decision. I decided as a small quiet voice I would grow my hair out to donate to some organization that makes wigs. Though my hair is not the color it used to be (I guess it is mostly white or gray), I was aware of organizations who would take it and use it to manufacture wigs for children in need. When I told one of my breast cancer survivor sisters what I was doing she told me it was stupid and I was being silly. I was hurt and cut my hair just before Christmas. As January came and I began to hear others talk about New Year's Resolutions, I decided I would once again let my hair grow. Though some of you thought it silly or stupid that I do this, I have daily felt great pride in what I am doing (pride sometimes gets in our way by the way). Each day as I look into the mirror I see not my face only, but the faces of my sisters and of the people who I know who are both cancer survivors and those who have not survived. I think often of their stories. I am brought to tears as I remember the children who have lost moms and dads. I remember the children who never got a chance to be adults. I remember, I cry, and I continue to let my hair grow.

Not a single person can go through life without being affected by cancer. This disease changes all of us. It is personal! It hurts, it changes our relationships and our way of doing things. I see it, I hear about it, and I have lived it myself; cancer has lasting effects. I had a friend in 7<sup>th</sup> grade who lost a sister to cancer. She was even younger than us! I remember her wigs.

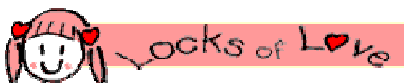
So I continue to grow my hair out. I don't necessarily like my hair long, I have cut it short for 15 years. I don't like having to pay attention to what it looks like or defending my actions. Life would be much easier if I just cut it and got on with life, but to do that is to be selfish. My hair has to continue to grow to donate. In the end it needs to be 10 inches from a point measuring from a pony tail holder to the tip. After 10 months of growing I don't know how much longer that may take, or if it will even grow that long. What I do know is this... God continues to walk with each of us as we do what we do to support one another. I hope you can support my decision, though you may not like it. I hope when others ask what I am doing, or make a comment about how much they don't like it you can speak up in support of me.

The organization I have selected is Locks of Love. They make wigs for children with many differing needs. They won't make a wig with my hair, children don't have my color hair. They will sell my hair to a wig manufacturer. The money they receive will help to make wigs for children.

God's blessings as we continue to do the work of God. The mission of the ELCA states: God's Work, Our Hands. In this case, God's Work may be shown through my hair.

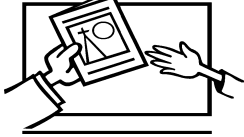
In Christ,

*Pastor Bill*



Yes, I'm growing my hair to donate to Locks of Love! Thanks for your support!

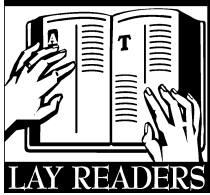
## USHERS



Saturday 6:00 p.m.  
7 Dennis Hora Family  
14 Bob & Betty Hora  
21 Leonard & Joyce Stutt  
28 Jim Conley

Sunday 8:00 a.m.  
Lance Toenjes  
Merlyn Wilken

Sunday 10:30 a.m.  
Kent & Lori Reynolds



LAY READERS

Saturday 6:00 p.m.  
7 Beth Hora  
14 Dorothy Postel  
21 Beth Hora  
28 Eunice Conley

Sunday 8:00 a.m.  
1 Rhonda Michels  
8 Jody Fairbanks  
15 Pastor Gene Schipper  
22 Marty Rowland  
29 Jay Willems

Sunday 10:30 a.m.  
1 Carlene Vavricek  
8 Deb Zumbach  
15 Brian Lubben  
22 Pat Plueger  
29 Varlyn Fink



Communion  
Prep./Cleanup

Saturday 6:00 p.m.  
7 Dona Stender  
14 Bob & Betty Hora  
21 Beth Hora  
28 Gerald/Verlyn Stolte

Sunday 8:00 a.m.  
1 Pastor Gene Schipper &  
Dave/Jane Ortgies  
8 Bob/Bonnie Prull  
15 Denny/Deb Oltmann  
22 Don/Debbie Hardersen  
29 Ed/Laurie Gerst

Sunday 10:30 a.m.  
1 Mark/Jessica McWilliams  
8 Dan/Marilyn Lambertsen  
15 DJ/Donna Condry  
22 Nancy Hart/  
Patsy Hardersen  
29 Mike/Pat Plueger

## COMMUNION

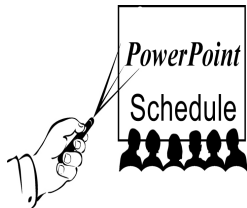


ASSISTANTS

Saturday 6:00 p.m.  
7 Dona Stender  
14 Dorothy Postel  
21 Marge Bohlken  
28 Eunice Conley

Sunday 8:00 a.m.  
1 Pastor Gene Schipper &  
Don Harmon  
8 Arlen/Marilyn Holcomb  
15 Scott/Cheri Francik  
22 Don/Debbie Hardersen  
29 Marty Rowland/  
Jay Willems

Sunday 10:30 a.m.  
1 Mark/Jessica McWilliams  
8 Shaun/Valerie Lambertsen  
15 Darel/Kiana Secrist  
22 Brenda Carpenter/  
Jaimie Carpenter  
29 Mike/Pat Plueger

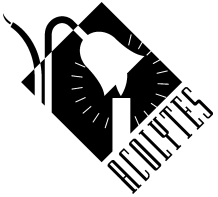


Saturday 6:00 p.m.  
7 Vicki Wacker  
14 Myra Powell  
21 Marge Bohlken  
28 Myra Powell

Sunday 10:30 a.m.  
1 Kiana Secrist  
8 Kayla Zumbach  
15 Jordan Wilson  
22 Todd Nielsen  
29 Kiana Secrist

# November





Sunday 8:00 a.m.

- 1 Colby Toenjes
- 8 Victor Soupene
- 15 -
- 22 -
- 29 -

Sunday 10:30 a.m.

- 1 Allie Rogers
- 8 Matea Behnke
- 15 Daniel Carpenter
- 22 Dallin Holub
- 29 Tyler Zumbach

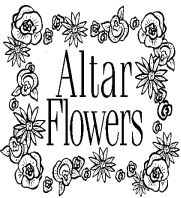


Coffee

- 1 Madison Hankemeier
- 8 Logan Elliot
- 15 Chase Haker
- 22 Dallas Norton
- 29 Matea Behnke

Doughnuts

- 1 Hillary Barnes
- 8 Kaitlyn Pate
- 15 Tyler Zumbach
- 22 Victor Soupene
- 29 Emily Christianson



- 1 Marty Rowland
- 8 Bob & Darla Algoe
- 15 Jan Allaire
- 22 Ken Shover
- 29 Darel & Laura Secrist



**COMMUNION  
BREAD:**

Sandra Andresen



- 1 Jaimie Carpenter
- 8 Jody Fairbanks
- 15 Michelle Toenjes
- 22 NEED VOLUNTEER
- 29 Michele Lubben



**\*JEREMY FALL \***  
**\*ALLEN GILBERT\***  
**\*GAIL ORTGIES SIMS\***  
**\*TIM SPROSTEN \***  
**\*RICKY ULFERTS\***  
 If you know of any changes, please  
 notify the church office at 462-4841



Ashlynn Grace Brown and Tate William Stanley Hall, children of Katie Brown & Ryan Hall were baptized here at St. Paul on Sunday, October 18th by Pastor Bill Nielsen. Sponsors were Pete & Michelle Sauer.



Funeral services for Elizabeth Thompson were held on September 11th here at St. Paul. Liz passed away on September 7th.

Funeral services for Suzanne Dirks were held on October 3rd at Wayne Zion Lutheran Church, Monticello. Suzanne passed away on September 30th.



**Congratulations to Peg Merriau & Brian Harmon who were married on Saturday, October 17, 2009 here at St. Paul.**



Infant thru size 4 Children's clothing is needed at the Clothes Closet at the Methodist Church. Donations may be dropped off in the church office or at the Methodist Church.



**RIDES  
NEEDED!**

People with cars are needed- If you have it within your heart and would be willing to give someone a ride to Church either on an on-going basis or when needed- then please call Paula in the church office at 462-4841.

St. Paul Lutheran Church  
103 East Cedar Street  
Anamosa, IA 52205

Telephone: (319) 462-4841  
Email: [stpaulanamosa@gmail.com](mailto:stpaulanamosa@gmail.com)  
Website: [www.stpaullutherananamosa.com](http://www.stpaullutherananamosa.com)

# NOVEMBER

# 2009

Pastor: William Nielsen  
Pastor's email: [pastorbill.nielsen@gmail.com](mailto:pastorbill.nielsen@gmail.com)

Office Manager: Paula Hartman  
Church office email: [stpaulanamosa@gmail.com](mailto:stpaulanamosa@gmail.com)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 8 a.m. Traditional Service 9 a.m. Coffee Hour 9:15 a.m. Sunday School 9:30 a.m. Adult S. School 10:30 a.m. Praise Service</p>	2	<p>3 6:30 p.m. Executive Mtg. 8 p.m. AA</p>	<p>4 6:45 a.m. Good Guys 8 a.m. L.M.M. 5:45 p.m. Praise Band 6:30 p.m. 7th Confirmation 7 p.m. Celebration Singers <b>Pastor Mhale Here</b></p>	5	6	<p>7 6 p.m. Praise Service</p>
<p>8 8 a.m. Traditional Service 9 a.m. Coffee Hour 9:15 a.m. Sunday School 9:30 a.m. Adult S. School 10:30 a.m. Praise Service</p>	9	<p>10 7 p.m. Church Council 7 p.m. Mary Circle 8 p.m. AA</p>	<p>11 6:45 a.m. Good Guys 8 a.m. L.M.M. 9 a.m. Martha Circle 1:30 a.m. Sarah Circle 5:45 p.m. Praise Band. 6:30 p.m. 7th Confirmation</p>	<p>12 3:15 p.m. Girl Scouts</p>	<p>13 4 p.m. Newsletter Articles Due</p>	<p>14 6 p.m. Praise Service</p>
<p>15 8 a.m. Traditional Service 9 a.m. Coffee Hour 9:15 a.m. Sunday School 9:30 a.m. Adult S. School 10:30 a.m. Praise Service</p>	16	<p>17 8 p.m. AA</p>	<p>18 6:45 a.m. Good Guys 8 a.m. L.M.M. 5:45 p.m. Praise Band. 6:30 p.m. 7th Confirmation 7 p.m. Celebration Singers</p>	<p>19 9 a.m. Mail Newsletter (Paula Hartman)</p>	20	<p>21 6 p.m. Praise Service</p>
<p>22 8 a.m. Traditional Service 9 a.m. Coffee Hour 9:15 a.m. Sunday School 9:30 a.m. Adult S. School 10:30 a.m. Praise Service</p>	23	<p>24 8 p.m. AA</p>	<p>25 6:45 a.m. Good Guys 8 a.m. L.M.M. 5:45 p.m. Praise Band. 6:30 p.m. 7th Confirmation 7 p.m. Celebration Singers</p>	<p>26 <b>Thanksgiving</b>  Office Closed</p>	<p>27  Office Closed</p>	<p>28 6 p.m. Praise Service</p>
<p>29 8 a.m. Traditional Service 9 a.m. Coffee Hour 9:15 a.m. Sunday School 9:30 a.m. Adult S. School 10:30 a.m. Praise Service</p>	30					

**St. Paul Evangelical Lutheran Church**  
**103 East Cedar Street**  
**Anamosa, IA 52205**

**Non-Profit Org.**  
**U.S. Postage**  
**PAID**  
**Anamosa, IA 52205**  
**Permit No. 86**

Return Service Requested



**Saturday:**  
6:00 p.m. Contemporary Worship

**Sunday:**  
8:00 a.m. Traditional Worship  
9:00 a.m. Fellowship  
9:15 a.m. Sunday School  
9:30 a.m. Adult Sunday School  
10:30 a.m. Contemporary Worship

# NOVEMBER

# BIRTHDAYS

- |   |  |
|---|--|
| 1 Jan Allaire, Pierce Fairbanks, Dale Jensen,<br>Noah Smith | 16 Deb Theilen   |
| 3 Russ Postel   | 17 Gwen Becker, Lynn Decious,<br>Andrew Koppenhaver, Brian Meyer |
| 5 Sarah Andresen  | 18 Clara Pegorick  |
| 6 Erin Algoe  | 19 Jan Minzenmeyer   |
| 7 Sebastian Goldsmith, Dan Ludwig                           | 20 Pete Bungum, Robert Easterly                                  |
| 8 Varlyn Fink   | 21 Bob Hora  |
| 10 Kirsten Farrington, Hulda Tjaden                         | 22 Lavern Ulferts  |
| 11 Denny Oltmann  | 23 Dave Knudsen, Tyler Knudsen, Kayla Theilen                    |
| 12 Holly Barnes, Jaimie Carpenter                           | 25 Zak Fortune, Kristl Hunt, Pat Merritt                         |
| 13 Jody Fairbanks, Connie Hinrichs,<br>Carolyn Kaltenbach   | 27 Wilbur Hansen   |
| 14 Carl Achenbach   | 28 Lillian Hankemeier, Heidi Reynolds                            |
| 15 Hillary Barnes, Mike Plueger                             | 30 Lonnie Osterkamp  |